



Cove Lake State Park

Hike 'n Lunch

Thursday, April 9, 2026

Cove Lake State Park: 110 Cove Lake Lane, Caryville, TN

Lunch to follow at: Rickard Ridge BBQ

131 Goose Lane, Caryville, TN (in State Park)

Depart From the Poplar Springs Boat Ramp parking lot promptly @ 8:30 AM

Join your fellow TVRA members for a morning hike at Cove Lake State Park in Caryville, TN. This lake was created as a TVA flood control project. The dam was originally constructed in the 1930's, and completed in 1936, forming the 210 acre Cove Lake at the confluence of the Cinch River and Cove Creek.

We will meet at the Poplar Springs Boat Ramp and depart at 8:30 AM. We will proceed north through Lenoir City on US321S. At I-75 we will head north, following I-75 through Knoxville, north to Exit 134. After exiting I-75, keep right following signs for Jacksboro/LaFollette/Cove Lake SP. Merge onto TN63E/US25W and continue for 0.8 miles to the entrance to Cove Lake SP on the left. Continue into the park for approx one mile (straight through stop sign) to the parking area with restrooms on the left. Total drive length is approximately one hour (traffic permitting). We will park and begin from there.

We will walk the 1.4-mile West Loop through the woods area first. Then we will proceed to the 0.8 mile East Loop near the Lake. Upon completion of the East Loop we will walk to Rickard Ridge BBQ restaurant (note that this restaurant is within the park and does NOT serve any alcoholic beverages). After lunch it is approximately a 0.3 mile walk back to our vehicle location. Total hike length is approximately 3.1 miles, plus the return to your vehicle. This trail is 100% asphalt, rated as easy.

Following lunch, we will all return to our vehicle, and home on our own.

Attendees are responsible for their own meal and drinks

Maximum number of attendees is: 28

Last Day to Register or Cancel is April 3, 2026

Event Coordinators are: Don and Lisa Worner 319-269-4839, dlworner@msn.com

Note: If event registrations are filled, please contact the event coordinator to be placed on "waitlist".

Out of respect for others and to avoid potential tripping hazards we ask you please leave all pets at home.

